

Introduction to analyzing NanoString nCounter data using the NanoStringNorm package

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1 Getting started

NanoStringNorm is a suite of tools used to pre-process, run diagnostics, and visualize NanoString nCounter expression data. nCounter data has some unique features as compared to traditional intensity based arrays. Specifically, it uses direct digital detection requiring minimal sample intervention. The ‘direct’ refers to the process of counting individual tagged nucleic acids without any need for amplification and the ‘digital’ nature refers to the capacity to use absolute and specific quantification, independent of relative measures like intensity or amplification cycles. As such, the platform is useful for an array of study designs (multiplexed samples, joint miRNA - mRNA code sets) and sample types (FFPE, plasma, whole lysate).

The consequence of this flexibility is that not all pre-processing methods are valid with all tissues and code sets. For example, housekeeping genes are a fundamental part of mRNA standardization, however their appropriateness is not clear for miRNA data. NanoStringNorm emphasizes normalization diagnostics and visualization of results in order to provide the best data, void of technical artifacts for downstream analysis. Moreover, the package is designed to be fully extensible in order to support and evaluate new pre-processing methods.

The following vignette describes the general workflow for using NanoStringNorm. In the simplest case, one can run the NanoStringNorm package on the raw counts without specifying any normalization methods. The output will be of class *NanoStringNorm* and can be subsequently plotted for summary review and sample diagnostics.

```
> require('NanoStringNorm');
> data("NanoString");

> # example 1
> NanoString.mRNA.raw = NanoStringNorm(NanoString.mRNA);
> pdf('my_first_nsn_plot.pdf');
> Plot.NanoStringNorm(NanoString.mRNA.raw, plot.type = 'all');
> dev.off();
```

2 Importing nCounter Data

The input data usually comes in the form of a structured Excel spreadsheet. You can export the raw count data from Excel as a delimited text file for use with R. Start by opening the *raw* worksheet in a blank Excel page for editing. Copy the count data (row 23) for each sample including the first 3 annotation columns (Code.Class, Name and Accession) to a separate worksheet or text file. Don’t forget to add the sample IDs (row 5), and remove any incomplete rows or columns. The resulting tabular data can be saved as a tab delimited file for import into R.

Alternatively, you can import data directly from xls format into R using the function `read.xls.RCC` based on core functionality in the *gdata* package.

```
> # directly import the nCounter output
> path.to.xls.file <- system.file("extdata", "RCC_files", "RCCCollector1_rat_tcdd.xls",
+                               package = "NanoStringNorm");
> NanoString.mRNA <- read.xls.RCC(x = path.to.xls.file, sheet = 1);
```

You have chosen to import worksheet 1 named RCC Collection. Does that sound correct?

The other sheet names are:

```
1:RCC Collection
2:Reporter Order
3:__VBA__0
```

There were 25 samples imported.

Note that spaces in sample names will be replaced by dots.

The first and last 3 sample names found in the dataset are:

```
HW1D-a HW2B-b HW3B-a HW4D12-B WW44-a WW43-b
```

There were 68 genes imported with the following Code Class breakdown:

Endogenous	Negative	Positive
54	8	6

```
> # only keep the counts and not the header
> NanoString.mRNA <- NanoString.mRNA$x;
```

3 Standard Normalization Methods

The current normalization procedure recommended by NanoString involves a set of simple aggregations and adjustments using control genes. There are many potential combinations of these parameters which presents a challenge to end users. In preliminary work no single combination has proven to work best in all situations or study designs. Therefore, a reasonable approach is to start with one of the better performing combinations and calibrate it if necessary. The *tweaking* is based on reviewing the diagnostics and paying close attention to the experimental design caveats discussed at the end of this document.

The following example is based on a subset of data from an mRNA study observing the response of different Rat strains to dioxins. The first step is to add some housekeeping genes. In some code sets, specifically miRNAs, these are already included.

```
> # specify housekeeping genes in annotation
> data(NanoString);
> NanoString.mRNA[NanoString.mRNA$Name %in%
+ c('Eef1a1', 'Gapdh', 'Hprt1', 'Ppia', 'Sdha'), 'Code.Class'] <- 'Housekeeping';
```

Next, run a typical normalization. The following is reasonable and in many situations will be sufficient to handle technical variation. Note the use of the ‘mean’ option for Background correction. This is the least conservative method of summarizing negative controls and will increase the number of observed false positives due to elevated uncertainty at lower expression values.

By default the output is a list of sample and gene summary data.frames. In the following example only the matrix of normalized values is output.

```
> # example 2
> # normalize mRNA and output a matrix of normalized counts
> NanoString.mRNA.norm <- NanoStringNorm(
+ x = NanoString.mRNA,
+ anno = NA,
+ CodeCount = 'sum',
+ Background = 'mean',
+ SampleContent = 'housekeeping.sum',
+ round.values = FALSE,
+ log = FALSE,
+ return.matrix.of.endogenous.probes = TRUE
+ );
```

```
#####
### NanoStringNorm v1.1.3 ###
#####
```

There are 25 samples and 49 Endogenous genes

Background: The following samples have an estimated background greater than 3 standard deviations from the mean.

	background.zscore
LE4D51.a	3.71

Background: After correction 25 samples and 49

Endogenous genes have less than 90% missing.

SampleContent: The following samples have a normalization factor greater than 3 standard deviations from the mean.

```
      rna.zscore
LE4D51.a      3.36
```

NanoStringNorm prints informative diagnostic messages to the screen. Specifically, samples that have normalization factors three standard deviations from the mean are flagged for review. These large values could reflect a technical problem and dramatically influence all normalization.

In the following example the geometric mean is used to summarize the CodeCount (positive) and SampleContent (housekeeping) controls. This minimizes the impact of outlier values. Also, a stringent background correction is applied (mean + 2 standard deviations) which removes a large proportion of false positives and therefore increases specificity at the expense of some sensitivity. For preliminary analysis it can be easier to focus on high confidence results first. For these reasons, **the following model is recommended** as a first step. Adjustments, can be made based on review of diagnostics.

For miRNA data the use of mRNA or RNU's can be problematic, so change the SampleContent method to 'top.geo.mean'.

```
> # example 3
> # this is the recommended method!
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   CodeCount = 'geo.mean',
+   Background = 'mean.2sd',
+   SampleContent = 'housekeeping.geo.mean',
+   round.values = TRUE,
+   log = TRUE
+ );
```

```
#####
### NanoStringNorm v1.1.3 ###
#####
```

There are 25 samples and 49 Endogenous genes

Background: After correction 25 samples and 49
Endogenous genes have less than 90% missing.

SampleContent: The following samples have a normalization factor greater than 3 standard deviations from the mean.

```
      rna.zscore
LE4D51.a      3.13
```

log: Setting values less than 1 to 1 in order to calculate the log in positive space.

In order to provide more information for diagnostic and preliminary results one can supply binary trait data. Ideally, one would include a mix of design-related covariates such as RNA quality/quantity, FFPE age in addition to potential biological confounders such as tissue, age, gender, and ethnicity. Results will be presented as differential expression and correlations with normalization factors.

In this case we are looking at three *strains* of Rat. Data can be dichotomized using the median, extremes, kmeans etc. Values must be 1, 2 or NA. For categorical data with greater than two classes, you can convert them to a set of indicator variables i.e. plate1 vs. all other plates. This has the advantage of simple interpretation of effect estimates.

```

> # setup a binary trait using rat strain
> sample.names <- names(NanoString.mRNA)[-c(1:3)];
> strain1 <- rep(1, times = (ncol(NanoString.mRNA)-3));
> strain1[grepl('HW',sample.names)] <- 2;
> strain2 <- rep(1, times = (ncol(NanoString.mRNA)-3));
> strain2[grepl('WW',sample.names)] <- 2;
> strain3 <- rep(1, times = (ncol(NanoString.mRNA)-3));
> strain3[grepl('LE',sample.names)] <- 2;
> trait.strain <- data.frame(
+     row.names = sample.names,
+     strain1 = strain1,
+     strain2 = strain2,
+     strain3 = strain3
+ );

> # You can also input the gene annotation separately to allow flexibility
> NanoString.mRNA.anno <- NanoString.mRNA[,c(1:3)];
> NanoString.mRNA.data <- NanoString.mRNA[, -c(1:3)];
> #NanoString.mRNA.anno$cool.genes <- vector.of.cool.genes;

> # example 3
> # include a trait for differential expression and batch effect evaluation
> NanoString.mRNA.norm <- NanoStringNorm(
+     x = NanoString.mRNA.data,
+     anno = NanoString.mRNA.anno,
+     CodeCount = 'geo.mean',
+     Background = 'mean.2sd',
+     SampleContent = 'top.geo.mean',
+     round.values = TRUE,
+     log = TRUE,
+     traits = trait.strain
+ );

```

```

#####
### NanoStringNorm v1.1.3 ###
#####

```

There are 25 samples and 49 Endogenous genes

Background: After correction 25 samples and 49
Endogenous genes have less than 90% missing.

log: Setting values less than 1 to 1 in order to calculate the log in positive space.

4 Other Normalization Methods

As an alternative to the standard normalization methods proposed by NanoString there is facility to apply an expanding set of additional methods. Some basic strategies include transforming each sample to zscores, the standard normal distribution based on ranks, and an empirical derived normal distribution. The first two methods have advantages when comparing results across batches or platforms in the case of joint or meta-analysis. Quantile normalization on the other hand has the advantage of scaling samples within the same pre-processing batch to a common empirically derived distribution.

Variance Stabilizing Normalization is also implemented via functionality in the popular *vsr* package (available for installation via Bioconductor). Additional mixed model and count data (negative binomial) based methods are currently being added.

Summary diagnostics and plotting are still available for these methods.
Several examples include:

```
> # z-value transformation.
> # scale each sample to have a mean 0 and sd
> # by default all the other normalization methods are 'none'
> # you cannot apply a log because there are negative values
> # good for meta-analysis and cross platform comparison abstraction of effect size
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   otherNorm = 'zscore',
+   return.matrix.of.endogenous.probes = TRUE
+ );

> # inverse normal transformation.
> # use quantiles to transform each sample to the normal distribution
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   otherNorm = 'rank.normal',
+   return.matrix.of.endogenous.probes = TRUE
+ );

> # quantile normalization.
> # create an empirical distribution based on the median gene counts at the same
> # rank across sample. then transform each sample to the empirical distribution.
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   otherNorm = 'quantile',
+   return.matrix.of.endogenous.probes = FALSE
+ );

> # vsn.
> # apply a variance stabilizing normalization.
> # fit and predict the model using 'all' genes i.e. 'controls' and
> # 'endogenous' (this is the default)
> # note this is just a wrapper for the vsn package
> # you could even add strata for the controls vs. the endogenous to review
> # systematic differences
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   otherNorm = 'vsn',
+   return.matrix.of.endogenous.probes = FALSE,
+   genes.to.fit = 'all',
+   genes.to.predict = 'all'
+ );

> # vsn.
> # this time generate the parameters (fit the model) on the 'controls'
> # and apply (predict) on the 'endogenous'
> # alternatively you may want to use the 'controls' for both fitting and predicting
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   otherNorm = 'vsn',
+   return.matrix.of.endogenous.probes = FALSE,
+   genes.to.fit = 'controls',
+   genes.to.predict = 'endogenous'
+ );
```

```

> # vsn.
> # apply standard NanoString normalization strategies as an alternative to
> # the vsn affine transformation.
> # this effectively applies the glog2 variance stabilizing transformation
> # to the adjusted counts
> NanoString.mRNA.norm <- NanoStringNorm(
+   x = NanoString.mRNA,
+   CodeCount = 'sum',
+   Background = 'mean',
+   SampleContent = 'top.geo.mean',
+   otherNorm = 'vsn',
+   return.matrix.of.endogenous.probes = FALSE,
+   genes.to.fit = 'endogenous',
+   genes.to.predict = 'endogenous',
+   calib = 'none'
+ );

```

5 Static Plotting

There are a number of descriptive, diagnostic and results plots. The following code snippets show how to generate them.

```

> # plot all the plots as PDF report
> pdf('NanoStringNorm_Example_Plots_All.pdf');
> Plot.NanoStringNorm(
+   x = NanoString.mRNA.norm,
+   label.best.guess = TRUE,
+   plot.type = 'all'
+ );
> dev.off();

> # publication quality tiff volcano plot
> tiff('NanoStringNorm_Example_Plots_Volcano.tiff', units = 'in', height = 6,
+   width = 6, compression = 'lzw', res = 1200, pointsize = 10);
> Plot.NanoStringNorm(
+   x = NanoString.mRNA.norm,
+   label.best.guess = TRUE,
+   plot.type = c('volcano'),
+   title = FALSE
+ );
> dev.off();

> # all plots as separate files output for a presentation
> png('NanoStringNorm_Example_Plots_%03d.png', units = 'in', height = 6,
+   width = 6, res = 250, pointsize = 10);
> Plot.NanoStringNorm(
+   x = NanoString.mRNA.norm,
+   label.best.guess = TRUE,
+   plot.type = c('cv', 'mean.sd', 'RNA.estimates', 'volcano', 'missing',
+     'norm.factors', 'positive.controls', 'batch.effects')
+ );
> dev.off();

> # user specified labelling with optimal resolution for most digital displays
> png('NanoStringNorm_Example_Plots_Normalization_Factors.png', units = 'in', height = 6,
+   width = 6, res = 250, pointsize = 10);
> Plot.NanoStringNorm(

```

```
+      x = NanoString.mRNA.norm,  
+      label.best.guess = FALSE,  
+      label.ids = list(genes = rownames(NanoString.mRNA.norm$gene.summary.stats.norm),  
+        samples = rownames(NanoString.mRNA.norm$sample.summary.stats)),  
+      plot.type = c('norm.factors')  
+    );  
> dev.off();
```


What is the distribution of gene expression? Existing or potential Housekeeping genes should have modest to high expression with very low variation. Estimates of the standard deviation of genes can be used for power calculations.

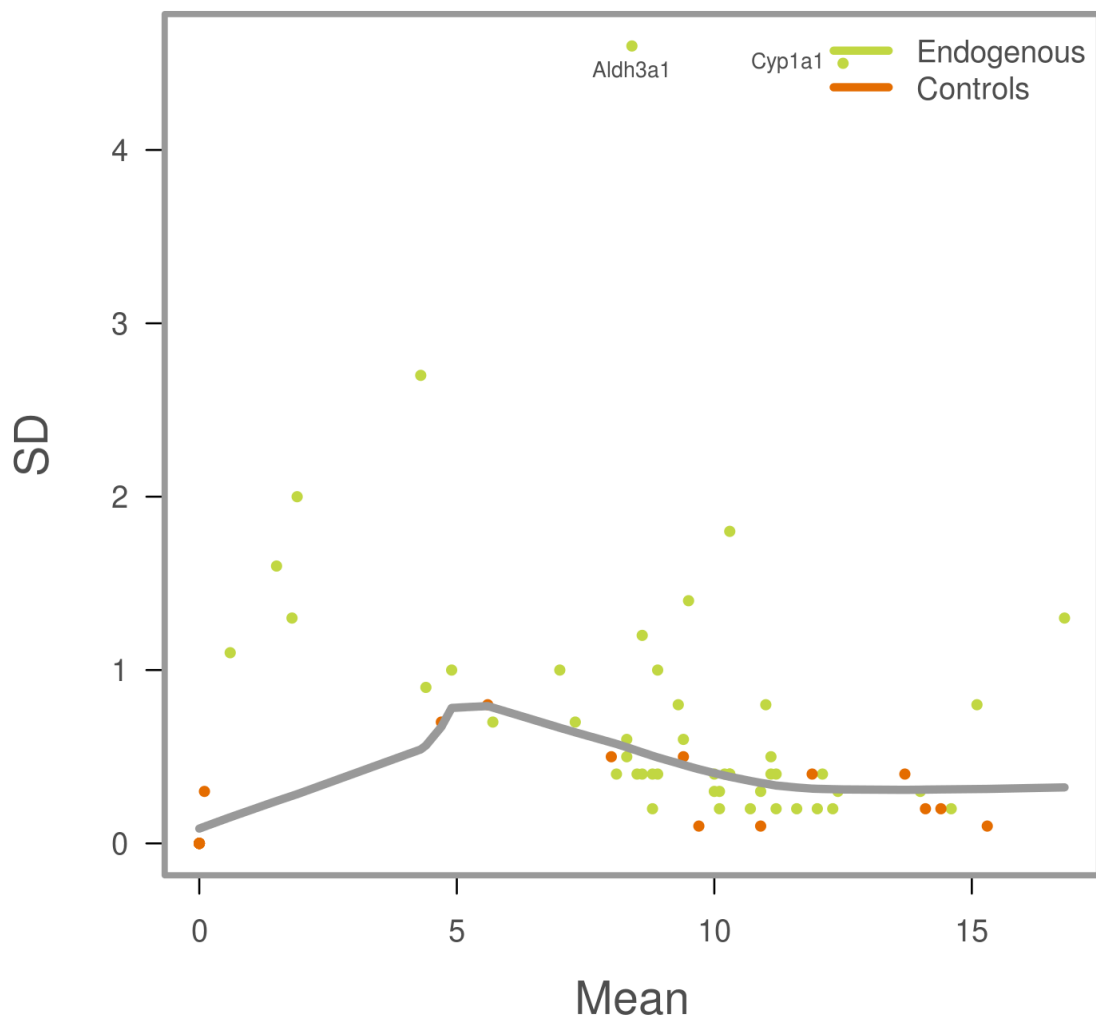


Figure 1: The mean vs. the standard deviation.

A comparison of global gene level variation pre- and post-normalization. The post-normalization curve should be shifted to the left if the method is properly accounting for technical variation.

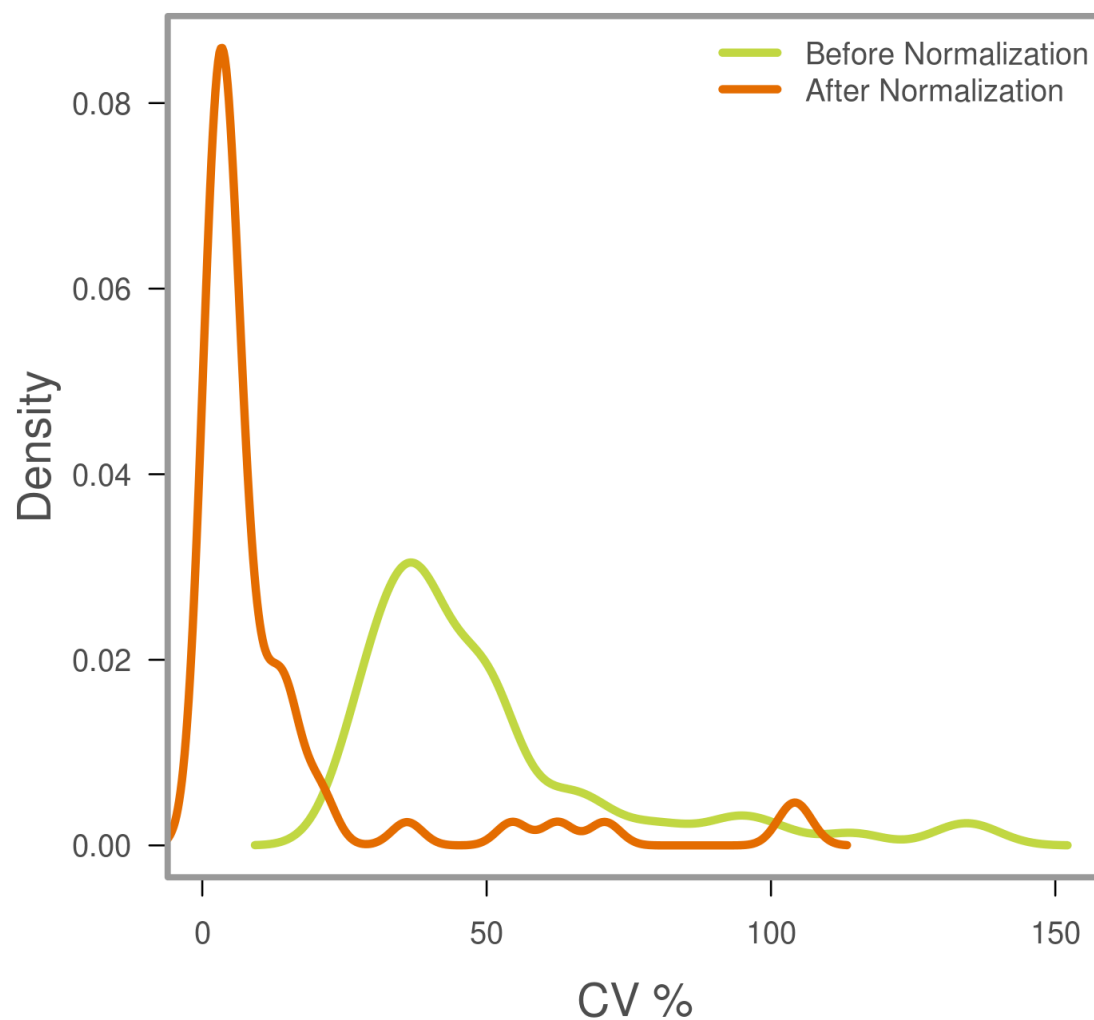


Figure 2: Global gene level variation before and after normalization.

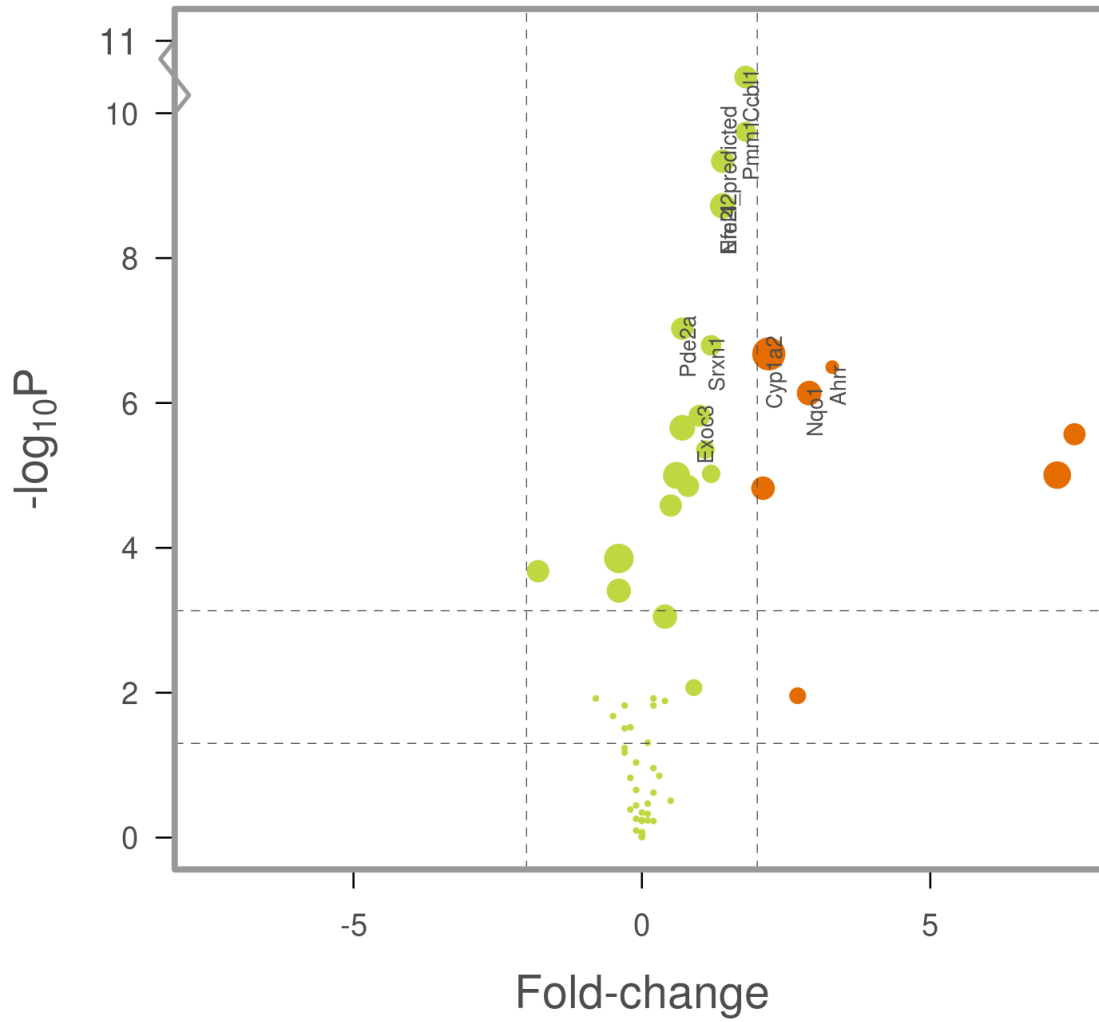


Figure 4: Volcano plot of Rat strain 2 vs. all other rats. The y-axis is $-\log_{10}$ p-values and the x-axis is fold change. The size of the points is related to mean expression and the orange colour indicates fold change greater than two. The two dashed horizontal lines are drawn at p-value = 0.05 and a Bonferroni corrected level.

Are there any samples with many missing values? Missing values could be caused by a technical failure or as a result of too little input material.

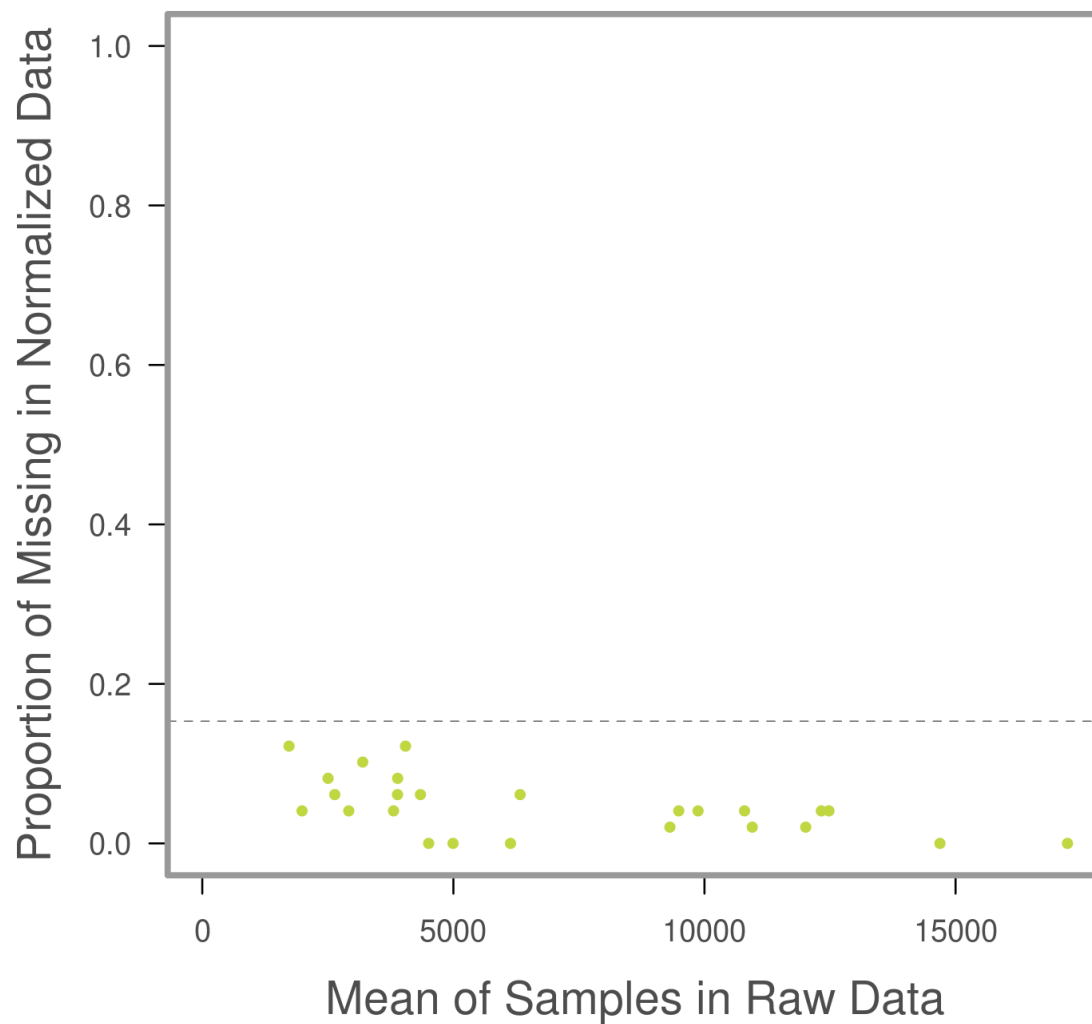


Figure 5: Proportion of missing values vs. mean expression by sample.

In normalizing for sample content you can use Housekeeping genes or an aggregate score of a larger set of non-Housekeeping genes. Under ideal conditions, both methods should be equivalent. Samples with large deviations from the best fit line should be investigated. When looking at miRNA code sets a large difference could reflect contamination by ligation inhibitors. All the miRNA genes undergo ligation, however the mRNA housekeeping genes do not. If inhibitors are present, this could also affect levels of the other controls and consequently magnify inter-sample differences.

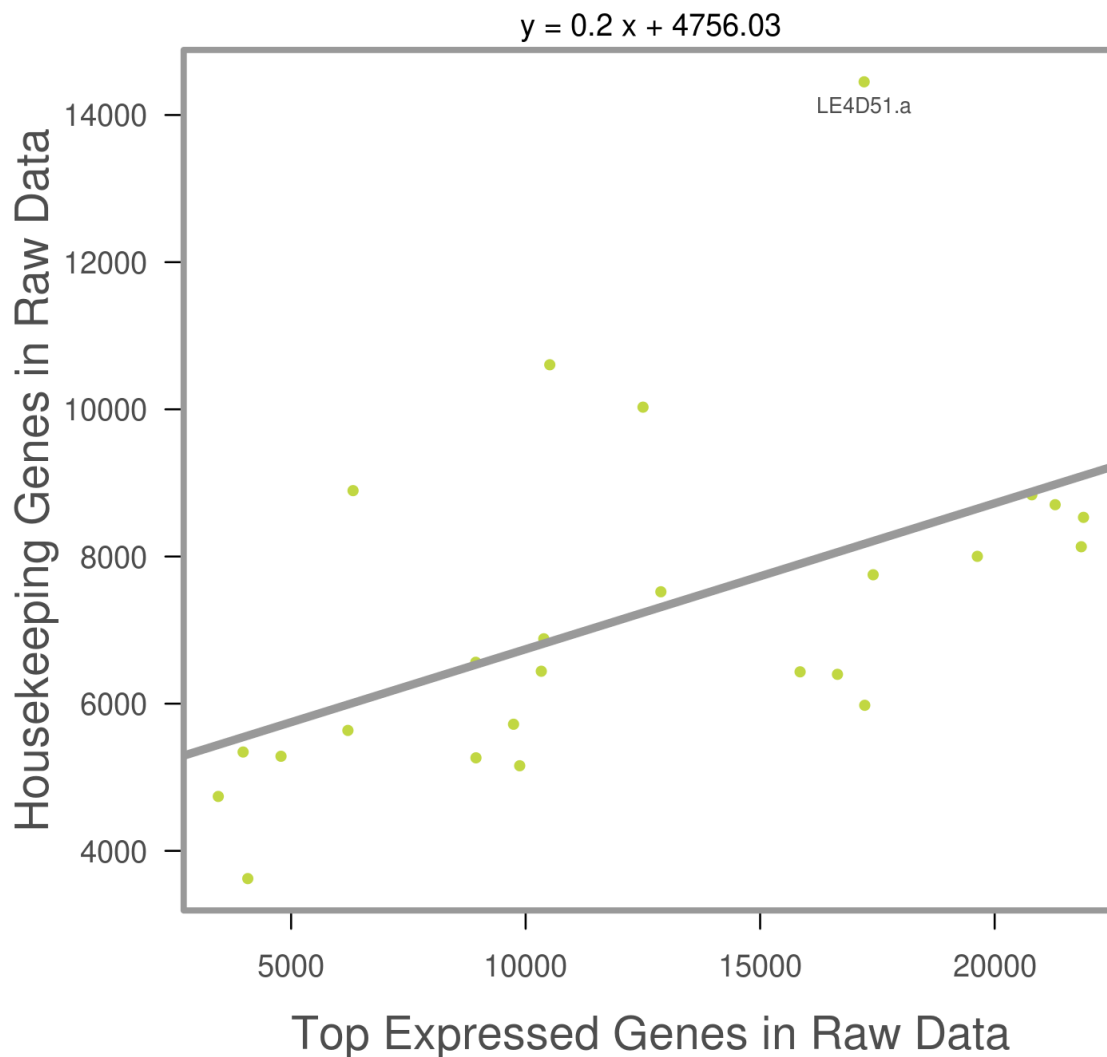


Figure 6: Estimates of input RNA or sample content. The x-axis is the RNA estimate for each sample based on the top 75 expressed genes, and the y-axis is the RNA estimate using housekeeping genes.

Correlation of technical covariates with summary gene features. If still present after normalization, correlation could indicate residual technical variation or batch effects. This could be problematic if the study has an unbalanced design, which could result in a gene vs. trait model being confounded by a third technical covariate. For example, cartridge 1 has a high mean expression level and it contains a large proportion of females. Looking for differential expression between males and females will be confounded by females being over represented on an outlier cartridge. In some instances a correlation of design covariate with a summary gene feature could be indicative of the hidden biological substructure in the data. Biological rationale for observed technical relationships is preferred if possible. For example, the last cartridge in your dataset is associated with low RNA content and elevated levels of missing values. You go back and check your lab notes and realize that you prioritized samples based on quality/quantity for running on the nCounter, so all the poor samples were left to the end.

Correlation of biological covariates with summary gene features. While not strictly ‘batch effects’, any association could introduce a bias. For example, a large proportion of your tumour samples have high levels of missing values. This could be biologically plausible, or it could reflect a technical artifact (e.g. the tumour samples were taken from very old and degraded FFPE blocks).

Sample: Batch Effects

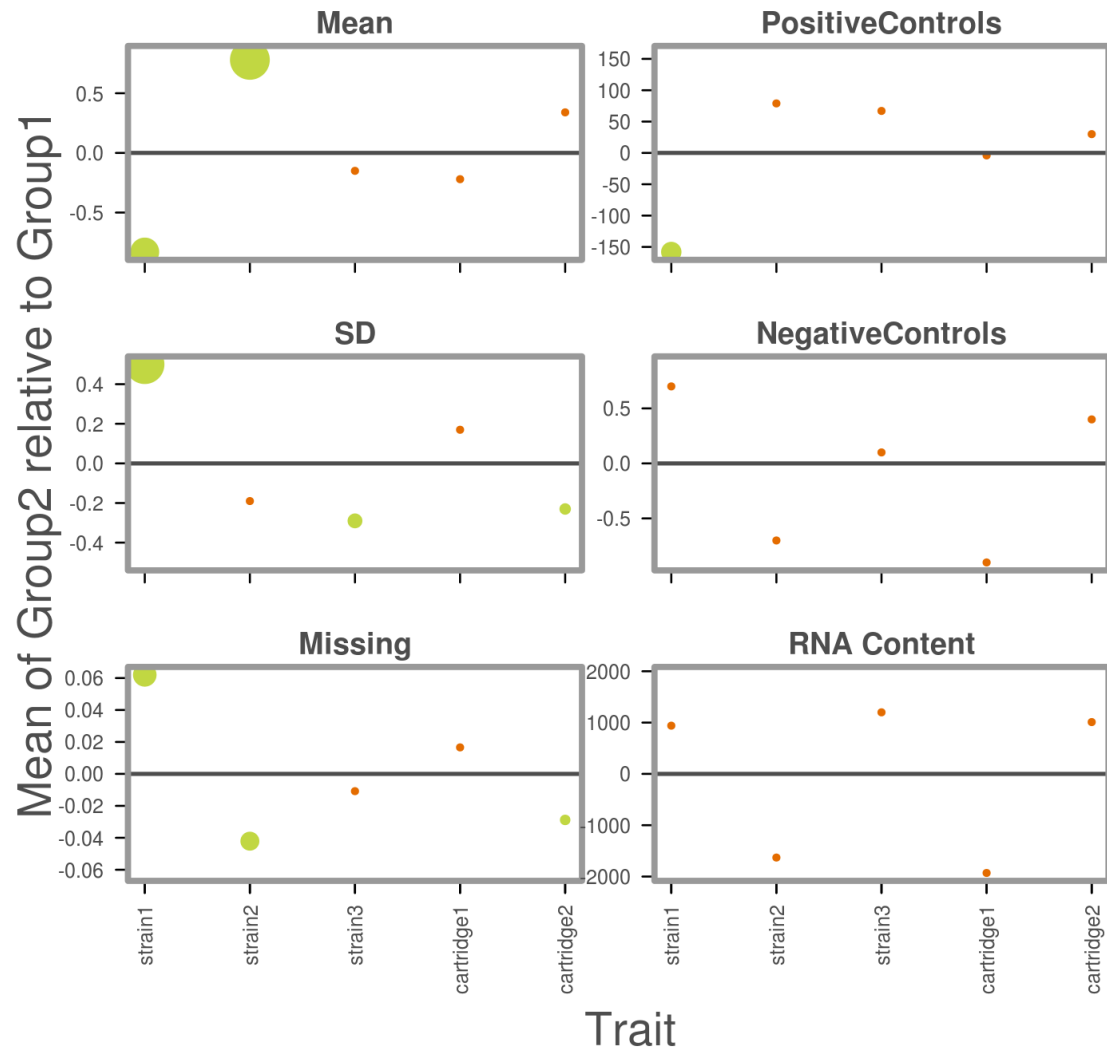


Figure 7: Batch effects and potential confounding. The x-axis lists binary traits and design variables. The y-axis is the difference between the two categories for the specified sample summary feature.

It is important to review the quality and quantity of the normalization factors for control probes. Individual or groups of samples that are outliers could influence the normalization. For example if a sample has a very low estimate of RNA content, then the resulting normalization factor could over-correct and end up contributing unexpected variation. Samples extending beyond 100% are annotated for being potential outliers.

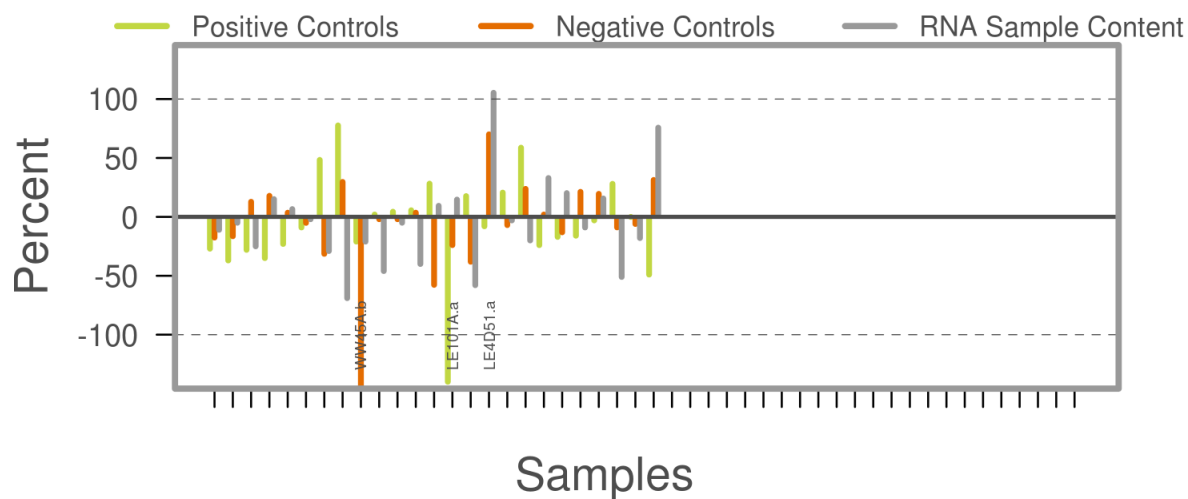


Figure 8: Barplot of normalization factors used to correct the data. For each sample the CodeCount (positive controls), Background (negative controls) and RNA sample content (housekeeping) normalization parameter is expressed as percent difference from the mean.

The following show the distribution of the observed versus expected positive and negative controls. The negative controls should be tightly clustered and the positive controls should show a strong linear trend. If any sample has a slope or intercept that strongly deviates from other samples then it should be used carefully. If any sample is flagged for any reason then these plots are a good place to start in the diagnostic process.

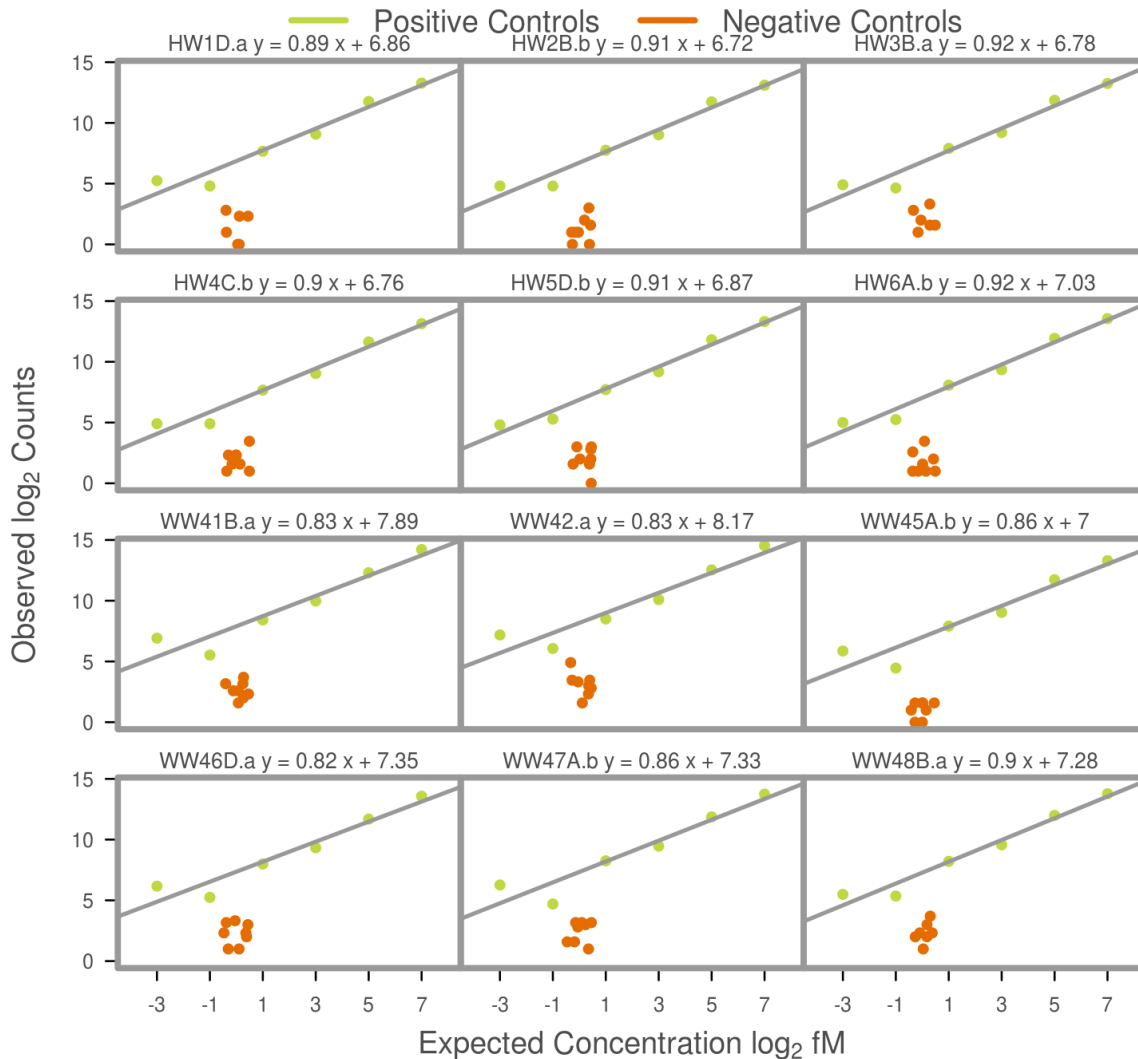


Figure 9: Scatterplot of positive and negative control counts. The green points show the expected concentration in fM of spiked in positive controls vs. the observed normalized counts. A best fit line is added where the intercept reflects sensitivity. Orange dots represent the negative controls.

6 Interactive Plotting

A set of Google Motion charts can be produced based on functionality in the *googleVis* package. These are highly interactive plots based on sample and gene summary output. The plots are very useful for the purposes of presentations and user directed data exploration. For example, one can compare the differential expression of uncorrelated traits to find unexpected overlaps.

By default the plots are rendered in your browser using a built in web server. For distribution and later use you will need to save the resulting html files. The use of a web server is required to display the results, and therefore the program attempts to download *mongoose* embedded web server <http://code.google.com/p/mongoose/> (License MIT). After starting the binary/executable you can access the plots at <http://127.0.0.1:8080>.

The first example displays the plots in your browser the second saves them for later use.

```
> # plot the sample summaries to your browser
> Plot.NanoStringNorm.gvis(
+   x = NanoString.mRNA.norm,
+   plot.type = c('gene.norm', 'sample'),
+   save.plot = FALSE
+ );

> # plot the gene summaries to a directory for distribution and later viewing
> # note. if you save.plot = TRUE the default for path to mongoose is "web" i.e. it tries to download from
> # alternatively, you can specify a path to the binary or use "none" as below.
> Plot.NanoStringNorm.gvis(
+   x = NanoString.mRNA.norm,
+   plot.type = c('gene.norm', 'sample'),
+   save.plot = TRUE,
+   path.to.mongoose = 'none',
+   output.directory = "NanoStringNorm_Interactive_Plot"
+ );
```

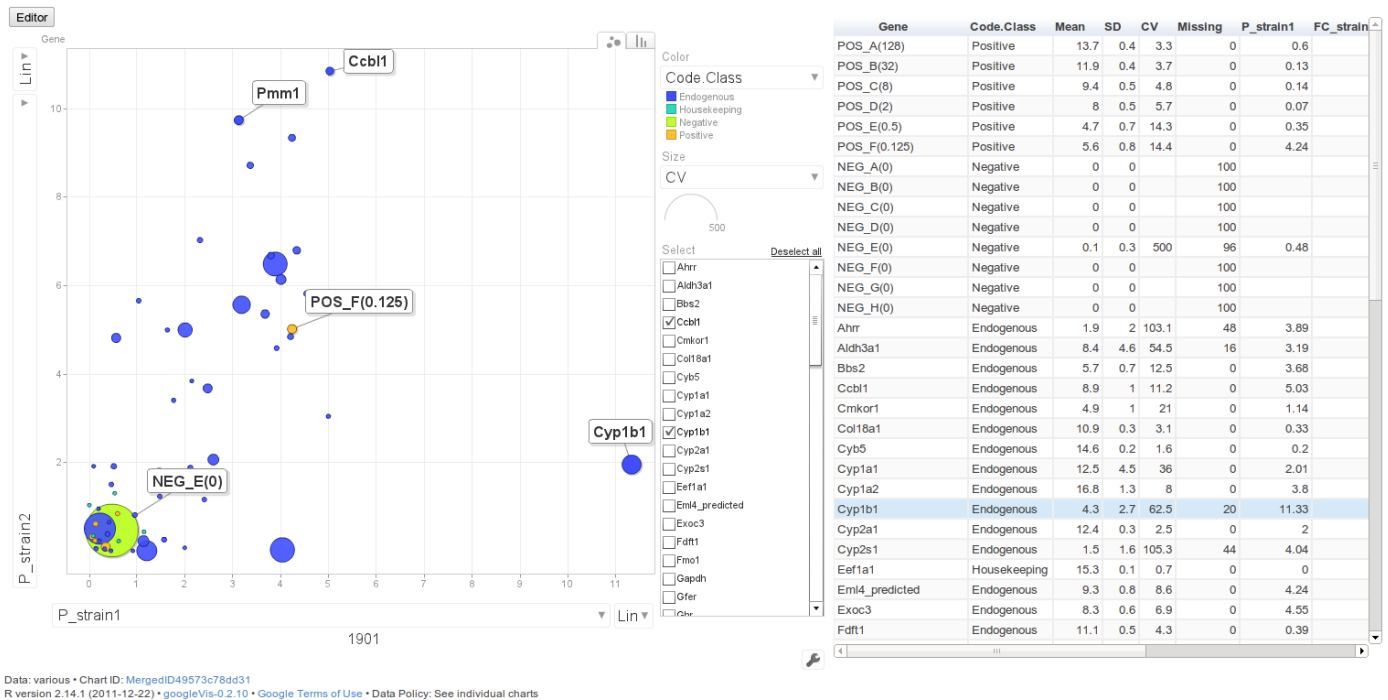


Figure 10: A screen capture of the interactive Google chart for genes. Axis, colour and point size can be altered for any gene or for trait level summaries.

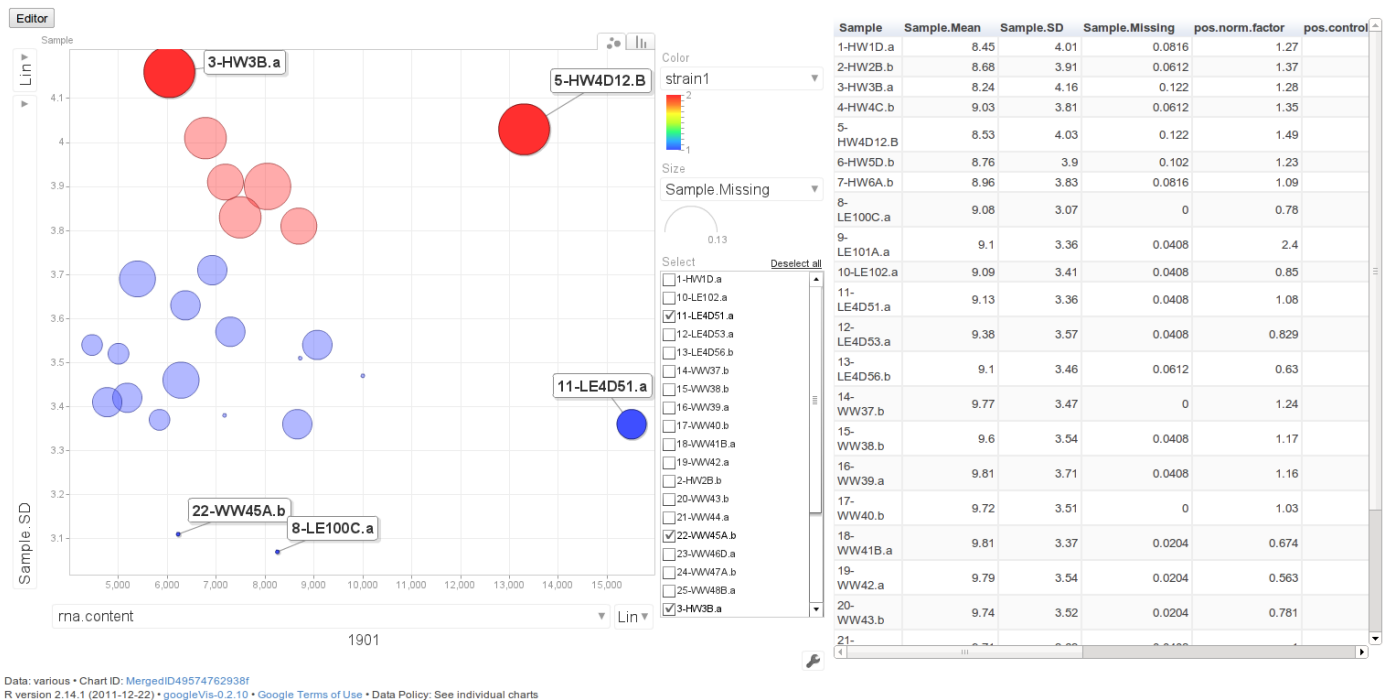


Figure 11: A screen capture of the interactive Google chart for samples. Axis, colour and point size can be altered for any gene or for trait level summaries.

7 Study Design Related Issues

Based on the analysis of a number of miRNA and mRNA datasets, we've noticed several situations that tend present analytical challenges:

- Mixed tissues. Jointly pre-processing different tissues with very different expression distributions (i.e. presence of inhibitor's or T/N). This can introduce technical artifacts which increase false positive differences.
- Mixed samples. Including both frozen and FFPE sometimes produces dramatic differences even between replicates. Large variation in fixation process and date can also influence RNA integrity. This has been flagged in several studies.
- Housekeeping gene choice. Some common genes have been shown to be associated with phenotypes. Also, the validity of using mRNA in miRNA studies is unclear. In NanoString code sets the mRNA probes do not undergo ligation and therefore are under different technical influences.
- Using global or top normalization when a large proportion of genes are associated with phenotype (i.e. EBV and NPC).
- Plasma or circulating profiles. Very specific care needs to be taken on concise input volumes and quantification. Moreover, additional spike-in controls are needed. Inhibitors have been shown to be an issue.
- nCounter batch variability. While not as of yet quantified, date is a contributing factor. Jointly normalizing and analyzing data across multiple batches should be done carefully.

At this time, adaptable methods are being developed which better account for experimental design and technical variability. This document will be updated as more information becomes available.